

Risk-Based Adaptive Security for Smart IoT in eHealth

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SeTTIT Workshop
Oslo 26/09-2012



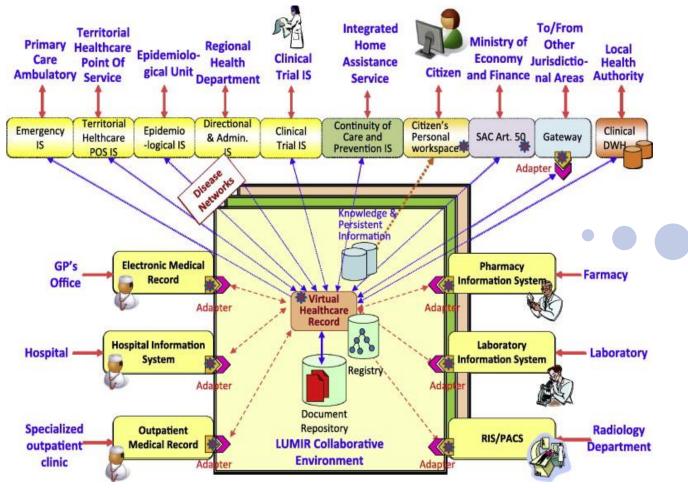
Risk-Based Adaptive Security for Smart Internet of Things (IoT) in eHealth



- Digital Health Ecosystems and IOT
- loTs simplify everyday life and improve quality of lives, are also vulnerable to attacks
- Adaptive risk management can change the future
- Game theory allows modeling conflict and cooperation between players
- Proposed Risk-based Adaptive Security Framework
- Case Study: Patient Monitoring
- Conclusions and Future Work



Digital Health Ecosystems create digital environments for networked health organizations



loT is one of the building block of the digital health ecosystem

Source: L. D. Serbanati et al., Steps towards a digital health ecosystem, Journal of Biomedical Informatics,



IoT connects a large number of things to simplify everyday life









loTs improve the quality of our lives at home, while travelling, when sick, at work, when jogging, and/or at the gym.

► loTs in eHealth can be used to track objects and people (staff and patients), identify and authenticate people, collect and sense data automatically





Source: Digital Medicine





ASSET

IoTs are vulnerable to attacks

- communications are mostly wireless
- unattended things are usually vulnerable to physical attacks
- most IoT components are constrained by energy, communications, and computation capabilities

necessary for the implementation of complex security-supporting schemes





Current IoT security models are not flexible

Most current security models and mechanisms are hard to change, reuse, and analyze

Making infrastructures inflexible, lost investments, and damages resulting from mechanisms not matching the changing threats



Security and privacy



- Security and privacy
 - How do we trust the data our sensors are sending?
 - In fact how do we even know it is a sensor that is sending data at all, and not a bot or piece of malware?
 - One of the key issues is therefore data integrity that also involves authentication, access control and secure communication
- Some types of modern IoT applications require instant adaptation their security mechanisms due to their exposure to increasing situational dynamics

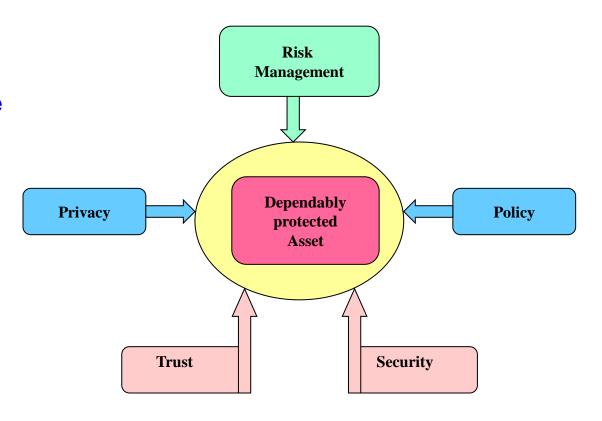


Adaptive risk management can change the future and maximize the value of taking risk

Adaptive risk management learns, adapts, prevents, identifies and responds to new or unknown threats in critical time, much like biological organisms adapt and respond to threats in their struggle for survival

Thus, "the purpose of risk management is to change the future, not to explain the past" - Dan Borge

The moral is to maximize the value of taking risk





Risk management holds the key to managing security and privacy

- Risk-based adaptation
 - sensitive access could be authorized according to the measured risk
 - measurable risk to strengthen the security of IoT systems
- Risk-based adaptation implements quantified risk adaptive security solutions
 - measuring risk,
 - establishing an acceptable risk level, and
 - ensuring that the information is used, accessed and distributed all the way up to the acceptable risk level.
- Self-adaptiive risk-based protection
 - automatically adjust the settings and actions to satisfy sensitivity and protection requirements of the new operating conditions

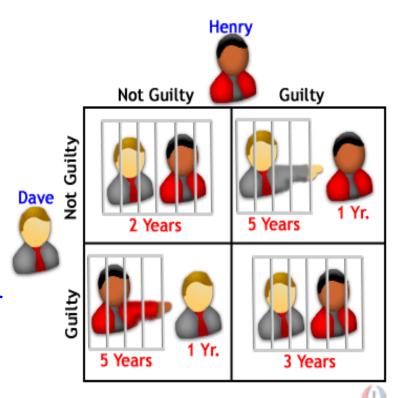


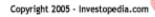
Game theory allows modeling conflict and cooperation between two or more players



- ► Game-theoretic formulations of attack-defense conflicts can greatly improve risk analyses that attempt to model attacker decisions as random variables or uncertain attributes of targets ("threats").
- ► Game theory can produce more sensible and effective risk management recommendations for allocating defensive resources than current risk scoring models.

Source: V. M. Bier and M. N. Azaiez, Game Theoretic Risk Analysis of Security Threats, Springer, 2008, 236 pages.







Alignment of ISMS, ISRM and ASSET

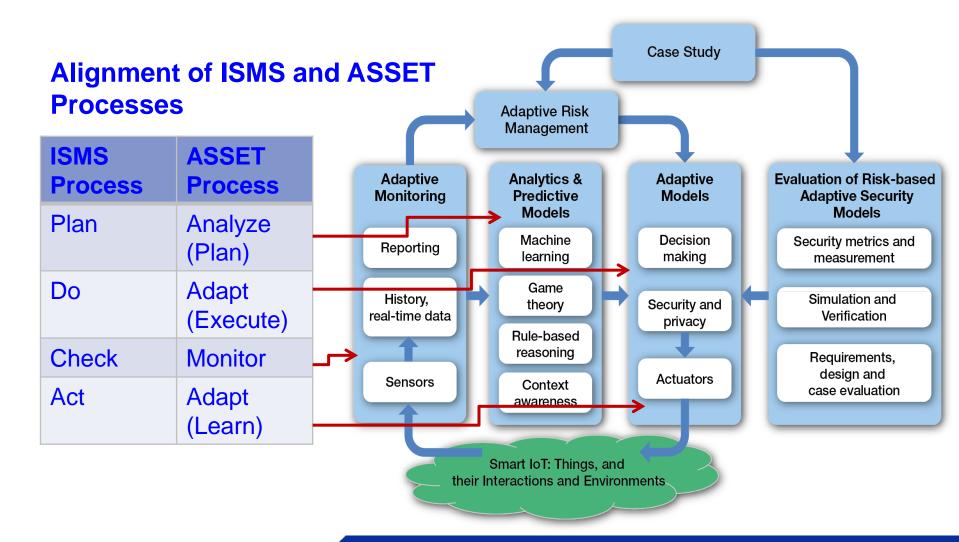
Information Security Management System (ISMS) Process	Information Security Risk Management (ISRM) Process	ASSET Adaptive Risk Management Process/Methodology
Plan	Establishing the context Risk assessment Risk treatment planning Risk acceptance	Analyze (Plan)
Do	Implementation of risk treatment plan	Adapt (Execute)
Check	Continual monitoring and reviewing of risks	Monitor
Act	Maintain and improve the Information Security Risk Management Process	Adapt (Learn)

ISO/IEC 27005:2007

ASSET: Monitor-Analyze-Adapt (plan, learn, execute)



Proposed Risk-based Adaptive Security Framework





Adaptive Risk Management estimates and predicts risks and impacts

- Adaptive risk-based security models estimate and predict security and privacy risks and future benefits and base their decisions dynamically
 - models for accurately predicting future events and adapting accordingly
 - adaptation causing minimal deviations from normal operation
 - enabling adaptation across multiple time scales
 - where and how much risk to take
 - could risk damages be controlled



Adaptive Security Monitoring model monitors context and status of loTs

- ► The ASM is utilized for obtaining automated technical evidence for the purposes of continuous operational security monitoring of IoTs.
- ▶ It is adaptive with a continuous cycle of monitoring of the information about context and status of the smart IoTs which is exploited at runtime in the adaptation process.
- It uses security measurement and metrics for quantitative measures by which IoT security solutions can be evaluated



Analytics and Predictive Models analyze and prioritize decision making activities

- use game theory and context awareness to understand and prioritize the decision making activities.
- improve the accuracy of estimation and prediction mechanisms by applying optimized machine learning and rule-based algorithms
- increase the ability to precisely predict and measure the risk of damages and future benefits and adapt security decisions upon those predictions
- ► improve the light-weight abilities of smart things by improving their context-awareness and self-abilities



Adaptive Security Decision-Making Models adapt to the dynamism of Things

- adapt to the dynamism of Things, their interactions, and the environment, and to the varying degrees of risk that the IoT eHealth system will be compromised
- optimize algorithms for different IoT processing capabilities to detect in real-time unknown security and privacy threats
- respond to threats, and adapt to the environment and changing degree of security and privacy breaches



Adaptive Security Decision-Making Models learns adapt to changing IoT

- It does this by
 - combining adaptive risk-based decision model, adaptive security and privacy models, and actuators to make effective adaptive reaction, and
 - integrating different metrics for validation and verification, adaptive risk assessment, and predictive analytics models for estimation and prediction of security and privacy risks and impacts

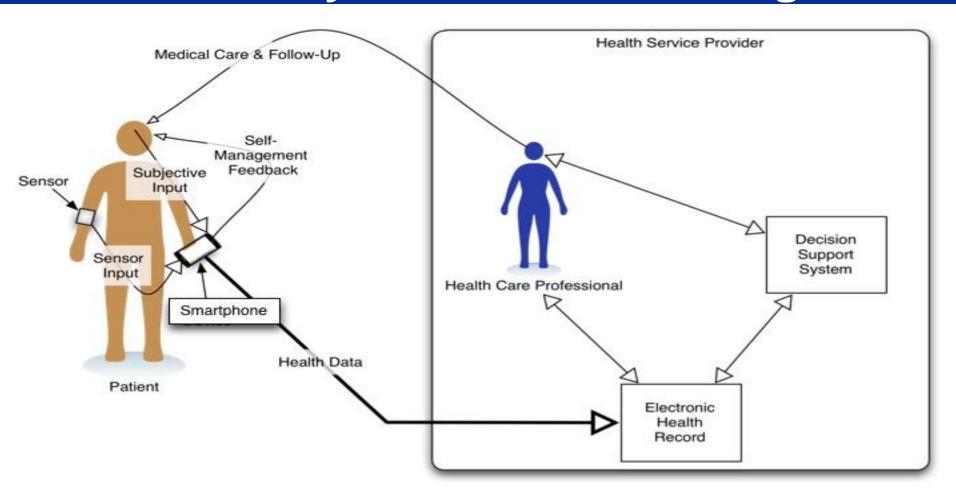


Evaluation and Validation Models

- Security Measurement and Metrics are needed for evaluating and validating the run-time adaptivity of IoT security solutions
- Predictive simulation and verification based security metrics can help to understand trade-offs between different solutions by varying assumptions on threats and requirements
 - to select better metrics that are risk indicators of current and future IoT security risks, and to provide a variety of benefits to decision-makers



Case Study: Patient Monitoring



Things include smart phones, tablets, sensors, sensor nodes, and actuator nodes.



Case Study: Patient Monitoring

- Patient monitoring systems are a major data source in healthcare environments
- ► It is important these systems maintain a certain level of availability, quality of service (QoS), security and the protection of privacy of the patient
- Blood pressure, electrocardiogram (ECG) and heart rate
- ► Two different scenarios such as home and hospital environments, where different QoS metrics and adaptive security methods and mechanisms will be analyzed using game theory



Case Study: Overhead cost analyses

- The analysis will also include the overhead cost of processing complexity on sensor nodes due to readjustment of the predictive models and adaptive security regime
- ► The overhead cost of additional data transmission due to transmission on the feedback channels will also be analysed
- The study will provide the tradeoff between desired QoS and security in bandwidth limited, battery driven wireless sensor networks



Conclusions

- ► An innovative risk-based adaptive security framework for IoT in eHealth to estimate and predict risk damages and future benefits, and to identify unknown threats to IoT eHealth systems has been introduced.
- ► The framework consists of a continuous cycle of adaptive risk management, adaptive security monitoring, predictive analytics, automated adaptive decision-making, and evaluation and validation metrics.



Future work

- Further development and prototyping of the components of the framework and validating the effectiveness of the adaptation
- Improvement light-weight abilities in smart things that will allow them to detect in real-time unknown security
- Validation of the results in a simulated eHealth patient monitoring scenarios





Thanks!

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The End!